



Welcome to His House Outreach Ministries, Inc

Our Vision

Reunifying mothers and their children and now expanded to serve fathers.

Our Mission

Providing formerly incarcerated women and men with housing, life skills, and mentoring.



Our Policies and Procedures

The decision for residency will be based on completion and approval of an application. Individual's observed behaviors within the institutions, jails, and recommendations from the courts or of those of integrity within our community or ministry programs will be considered.

The men & women in the ministry home are expected to obtain jobs, pay rent, fines, court costs and probation/parole fees. The men & women will meet the requirements of their probation/parole officers or drug court. The men & women are expected to become involved in a local community church and become active in recovery meetings.

The Home is designed to be a 12 month program. Programs are not offered within the home, but recommended programs outside the home are Celebrate Recovery, Celebrate Recovery 12-step program, and AA/NA meetings. Program times are made available to the women. All clients both men and women will participate at Rogers County Drug Abuse Program.

Diluted drug test & refusal to test will be reviewed on individual cases. If substance abuse is expected a hair follicle test will be required by the resident at the expense of the resident.

Curfew is to be respected and abided by.

When a person leaves the program, they are making the choice to cut all communication with current residence. If communication continues, a warning will be given, after that a sanction. 3 sanctions are an automatic eviction.

Bible reading and journaling are not optional it is mandatory. Journaling handouts will be given as an example to follow. If journaling is not done, sanctions will be given. 3 sanctions are an automatic dismissal.

Jobs are required within 30 days of arriving at home. Rent will be required. Inability to pay rent will be addressed individually and expectations will be made clear. Absence of rent after conversation will result in eviction. For those who receive disability rent is required at the beginning of the month and 20 hours a week of volunteering is expected. Those who do not abide by this rule will have a meeting and discuss problems and solution, failure to pay after the meeting is an automatic dismissal.

These guidelines are intended to move women towards self-sufficiency instead of enabling dependency. Failure to follow the guidelines will result in sanctions. * **Three sanctions is an automatic dismissal from the home.**



Rules and Guidelines

1. Weekly church attendance is mandatory.
2. **Celebrate Recovery attendance is mandatory.** Celebrate Recovery meetings are weekly and start with worship and end with small group. There is a **zero tolerance** for missing CR meetings. If you choose to miss a meeting you will receive a sanction. Men & Women are required to become involved in a small group within the church in order to establish new relationships within the community. **Celebrate Recovery 12-step is mandatory as times are made available.** There are three Celebrate Recovery meetings in the Claremore area:
 - Monday Nights at Cedar Point at 1660 N. Lynn Riggs, from 7pm to 9:30 – meals served on the first Monday of the month only
 - Tuesday Nights at First United Methodist at 1615 N. Hwy 88, begins with a meal at 6pm
 - Wednesday Nights at First Baptist at 107 E. Will Rogers Blvd, begins with a meal at 5:30pm
 - Broken Arrow House will attend Aspen Creek Celebrate Recovery on Sunday evenings.
 - Edmond House will attend Henderson Hills Celebrate Recovery.In order to make up a meeting AA and NA and GA Meetings are encouraged and may require supervision from successful men & women in the Ministry home.
3. There will be zero tolerance for drug or alcohol usage. Random UA's are to be expected and the refusal of one is an automatic dirty. If you get a confirmed dirty UA, you are automatically dismissed from the home.
4. Curfews are as follows:
 - 9:00 pm for all men & women in drug court. Note - drug court may give a night or weekend pass **BUT** permission from the house must also be obtained to prevent a sanction.
 - For any resident in the home, a request for a pass for a night or weekend will be made to Director of Home. **NO EXCEPTIONS**
 - Curfews may be extended to allow for work schedules at the approval of drug court and/or director of the homes.
5. Everyone is responsible for keeping the house clean, the yard mowed.
6. Jobs are mandatory. There is up to 30-day grace period for time to obtain employment. Prior to any change in employment a full 2-week notice will be given. Failure to do so could result in dismissal from the home.
 - If a resident does not work, but is able to pay rent due to help of family or disability checks, the resident is required to volunteer at least 20 hours a week in the community. Idle time and idle hands gives opportunity for Satan to rule. We don't want that in a Christian home. If the resident needs help locating a place to volunteer; we will be glad to help. Volunteer hours will need to be confirmed.
7. Education is an option for the men & women however; both are expected to work while attending school.
8. Sign in and out of the home, it is mandatory.
9. Attendance is required at a weekly mandatory house meeting. Women go with Rhonda and Men go with Steve Bear on Sunday mornings before worship. Rent is preferred to be paid on Sunday mornings.

10. Men & Women are responsible for purchasing their own groceries. Sharing or not sharing groceries must be clearly communicated to the others in the home.

Rules and Guidelines cont'd

11. The cost for residing in the home is \$300.00 per month. This covers the rent, and all utilities and the local phone bill. The payments can be made once a month or divided into \$75.00 weekly or \$150 bi-weekly.
12. If the resident does not began to take responsibility for their financial obligations by the 2nd month of residing at the home, then the resident will be asked to meet with the director/board member and discuss reasons and may be asked to leave unless resolution can be made.
13. The resident will be encouraged to put at least \$25.00 per week in savings.
14. Visitation with children is highly encouraged. Guidelines for children visiting are as follows:
 - Children can spend the night a maximum of 4 nights a month.
 - Children can visit their mom 4 hours a week. During school hours 7pm is curfew time, children need to be leaving the home by 7pm. I don't want excuses.
 - During the weekends when children spend the night with their moms, they need to have their baths and be in the room with their mom no later than 10pm.
 - Children are the responsibility of the parent they are visiting. No women looking after another woman's children, no excuses.
 - Holiday visitation will be made on an individual basis.
15. Failure to comply with drug court requirements, Anna McBride requirements, probation, parole and community sentencing will result in **immediate** dismissal of the home. Disrespecting the program regulations that are keeping you out of prison is unacceptable and will not be tolerated.
16. Relationships are not allowed while living in the house. Only if a woman is **legally** married and the courts deem it helpful for the relationship will couples allowed to be in contact.
17. If friendships in the house appear unhealthy, then contact will be limited between individuals. That means there will be no running around outside of the homes and limited contact while in the home. Bad relationships are primarily the root of what has landed most women into this program and working toward healthy relationships is paramount to your success.



Standards of Conduct

“The standard of conduct expected from each resident is to respect the home, the other residents in the home and the neighbors in the neighborhood surrounding the home. The following scripture is the basis for the standards set in the homes: But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness,²³ gentleness, and self-control. There is no law against these things! Gal 5:22-23.

1. Courteous to others – example: the residents are watching television, or eating dinner together and a phone rings, please leave the area to talk on the phone as not to disturb others.
2. Responsible for keeping your areas clean after you use them, kitchen, bathroom, bedroom, etc.
3. The television and music must be at a reasonable volume as not to disturb others. Each resident must be considerate of the other residents. If a roommate is in bed, be courteous and attempt to be quiet.
4. Modesty is expected inside and outside the home. No cleavage, short shorts or skirts are acceptable. Low rise jeans may not be worn if skin is shown when bending or kneeling. Length of shorts and skirts is fingertip. No belly showing when arms are raised, no t-shirts with inappropriate writing or suggestions of past lifestyle.
5. Men will wear their shirts while outside, no sagging is allowed, clothes must fit appropriately. No t-shirts with inappropriate writing or pictures or suggestions of past life style.
6. No phone communications after 10 pm unless the resident goes into a room where no one will be disturbed or goes outside, unless it is for emergency purposes only.
7. No meddling in other resident’s personal belongings.
8. No Stealing
9. Honesty is expected. Lying/withholding information will be sanctioned.
10. No violent threats or physical attacks on the residents in the home by another resident. There is a zero tolerance for violent threats or attacks.
11. No loud outburst.
12. Immediate cell phone usage is allowed. Please no contact with old friends. No face book or social media for minimum of 90 days or before talking with Director. In order to keep a phone, employment must be gotten within 30 days and rent must begin being paid.
13. 30-minute limits on phone calls.
14. No facial piercings or getting tattoo’s while in the program.
15. Minor problems need to be handled with the house manager within the home. Medium to more severe problems need to be first brought to house manager and Rhonda. If you feel you cannot talk to Rhonda then contact Julie Cox, Edmond 1404-414-5356 or Cathy Ariana, Broken Arrow 918-625-4395. There are to be no secrets, secrets keep us sick. Secrets are avoidance of telling the truth, and that is called lying by omission and it will not be tolerated.

These guidelines have been prayed over and put in place to provide a safe place for you to transition back into society. Only if you feel you can live within the boundaries of this contract should you sign below. The last step in successful recovery is service to others; you will be expected to serve.